

**Lake Erie Silver Qualifier**  
**Sponsored by**  
**Firestone Akron Swim Team**  
**March 2 – 4, 2012**  
**Held under USA Swimming Sanction # LE 1211 S**

**LOCATION:** Ocasek Natatorium, University of Akron (corner of Carroll and Spicer)

**POOL:** 25 yards by 8 lanes including a Colorado timing system and scoreboard with continuous warm-up in the non-competition end of the pool.

**STARTING TIMES:** Friday night warm-up will begin at 4:45 p.m. and last for 45 minutes with the meet starting at 5:35 p.m. Both Saturday and Sunday morning session warm-up will be from 7:40 – 8:25 a.m., with competition starting at 8:30 a.m. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. The afternoon session competition will begin after a 45-minute warm-up period. There will be 5 minutes between warm-up and the beginning of competition. Estimated afternoon warm-up times will be posted on the Lake Erie Swimming website by Thursday, March 1, 2012, at [www.lakeeriewimming.com](http://www.lakeeriewimming.com)

**ENTRY DEADLINE:** Deadline for registering is Sunday, February 19 at 9:00PM. Register at <http://www.swimstrongsville.org/meetinformation.html> Please indicate which events your swimmer is swimming.

**ENTRY FEES:** Individual events \$4.50; plus a \$2.00 per swimmer LESI surcharge and \$1.00/swimmer PayPal charge.

**ENTRY LIMITATIONS:** Swimmers may enter 3 individual events/day exclusive of relays. Swimmers may compete in no more than 9 individual events for the meet. **If a swimmer qualifies for Gold Championships in an event; they CANNOT compete in that same event at this meet. All relay swimmers MUST be entered in an individual event.**

**DECK ENTRIES:** Deck entries will be offered on a space available basis **and seeded at NT.** Deck entries will close 35 minutes prior to the beginning of each session. Deck entry fees will be: \$8.00 for individual events and \$16.00 for relays. Deck entry swimmers, new to the meet, will pay the \$2.00 surcharge and must provide proof of USA Registration.

**QUALIFYING TIMES:** Please see event listings for the time standards. ALL entries **MUST** be entered in short course yards. **NO CONVERTED TIMES WILL BE ACCEPTED.**

Swimmers should enter an event only if their time falls within the range of the listed time standard for that event as of the entry deadline. Teams of swimmers who fail to achieve the qualifying time at the meet will receive a notice of those times that cannot be verified in the SWIMS database. Teams shall submit proof of time or a fine of \$10.00 for each swim listed in the notice. Failure to resolve time verification issues within one week of receipt of notice shall result in debit to the team's account in the amount of the fine. Unattached swimmers will receive similar notice. Qualifying times for 50-yard/meter events will be waived for swimmers with a disability. Swimmers with a disability may enter an event (such as the 100 free) and swim it with a longer yardage event (such as the 200 free) provided his/her time for the lesser yardage event (100 free) is equal to or faster than the listed qualifying time for the longer yardage event (200 free).

"Slower Than" meets have times investigated after the meet if a protest is filed. Swimmers may not compete in an event in which they are faster than the listed time standard as of the meet entry deadline.

**Exception: A swimmer who ages up from February 27 through March 2, 2012 (after Bronze Champs and before Silver Champs) may enter an event at Silver Champs in which the swimmer had achieved the required time standard for Silver Champs in his/her former age group.**

**CONDUCT:** The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. All events will be deck seeded and all heats run on a slowest to fastest order except for the 1000's and 1650's which will be swum fastest to slowest,

alternating girls and boys. The Lake Erie scratch rule (attached) will be in effect. Individual events for 11 & Over will be awarded for 11-12, 13-14, and 15 & over and those for 12 & under will be awarded for 11-12, 10 & under.

**SEEDING & CHECK IN:** All events will be seeded on the deck. Swimmers should check in for all of their day's events prior to the start of warm-up, but no later than 30 minutes before the start of the session. Check in sheets will be posted in the racquetball court. Heat and lane assignments will be posted. It is the responsibility of each swimmer to report to the blocks on time for his/her event. There will be NO CLERK OF COURSE. Relay cards must be turned in upon call in order to be seeded. In accordance with 102.1.4, events may be seeded together but scored separately.

**AWARDS:** Individual Events: Ribbons 1 - 8  
Relay Events: Ribbons 1 - 3  
Heat winner: Ribbons for 10 & Unders ONLY.

**ADMISSION COST:** \$4.00 per Person: \$3.00 for Psych Sheets

**Results:** Final results will be posted on the Lake Erie Swimming web site at lakeerieswimming.com

**TIME TRIALS:** Will not be offered at this meet.

**Use of audio or visual recording, including a cell phone camera, is not allowed in changing areas, restrooms or locker rooms, and is limited to only those areas marked as designated camera zones.**

**In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.**

**OFFICIATING OPPORTUNITY** – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director, Cindy Virdo, or LESI's Officials Chair, Frank Campbell, in advance of the meet if at all possible to let either know of your availability. The meet director's and Frank's contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Frank Campbell.

Meet Director's E-mail: [cvirdo@aol.com](mailto:cvirdo@aol.com)

Official's Chair: Frank Campbell: E-mail: [facampbell@sbcglobal.net](mailto:facampbell@sbcglobal.net)

**NOTE:** Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

**DIRECTIONS:**

From I-77: Follow I-77 to Rt. 8 north. Exit Rt. 8 at the Carroll Street/Buchtel St. exit. Turn left onto Carroll Street; natatorium will be on your left.

From Rt. 8 South: Exit at Buchtel St./Carroll St./Exchange St. Turn right onto Carroll Street, natatorium will be on your left.



## Attention All Swimmers!

*USA Swimming and Lake Erie Swimming team up to present:*

# The Lake Erie IMX Challenge for SC '11-'12!

**Start completing your events when '11-'12 Short Course Season begins!**

*\*You have until April 1, 2012 to complete your event list.*

**9 & Under; 10-year olds:**

**200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly**

**11-year olds; 12-year olds:**

**200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly**

**13, 14, 15, 16, 17, and 18 -year olds:**

**200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly**

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '11-'12 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

**All swimmers participating and legally completing each IMX event for their single age group for the 2011-2012 Short Course Season will receive an IMX cap!**

**Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:**

**1<sup>st</sup> place – IMX personalized hoodie**

**2<sup>nd</sup> place – IMX towel**

**3<sup>rd</sup> place – IMX t-shirt**

## SCHEDULE OF EVENTS

**Friday Night - 4:45 Warm-Up, 5:35 meet start (Timed Finals)  
March 2, 2012**

Girls #	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys #
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
1	Time standards below		12 & Under 500 Free	Time standards below		2
5	3:03.79	2:37.59	11-12 200 IM	3:03.09	2:35.59	6
7	3:04.99	2:38.59	11-12 200 Fly	3:01.19	2:35.29	8
9	3:01.89	2:35.89	11-12 200 Back	2:58.39	2:32.89	10
3	Time standards below		<b>11 &amp; Ov 400 IM*</b>	Time standards below		4
11	Time standards below		<b>11 &amp; Ov 1650 Free*</b>	Time standards below		12

Events 200 yards and longer may be seeded together, but will be awarded separately. Individual events for 11 & Over will be awarded for 11-12, 13-14, 15 & over and those for 12 & under will be awarded for 11-12, 10 & under. The 1650's will be swum fastest to slowest, alternating girls and boys.

\*Time cuts are as follows for the 400 IM, 1650 Free and 500 Free:

	400 IM	1650	500
10 & Un Girls:			8:30.49 – 6:48.39
10 & Un Boys:			8:25.79 – 6:44.59
11 – 12 Girls:	6:32.19 – 5:36.09	25:16.19 – 21:39.59	7:10.79 – 6:09.29
11 – 12 Boys:	6:23.69 – 5:28.89	24:57.49 – 21:23.59	7:05.49 - 6:04.69
13 – 14 Girls:	6:10.79 – 5:17.79	23:34.19 – 20:12.19	
13 – 14 Boys:	5:50.59 – 5:00.49	22:28.29 – 19:15.69	
15 & Ov Girls:	6:01.49 – 5:09.89	23:18.79 – 19:58.89	
15 & Ov Boys:	5:35.79 – 4:47.79	21:55.89 – 18:47.99	

**Saturday AM – 7:40 Warm-Up, 8:30 meet start (Timed Finals)  
March 3, 2012**

Girls #	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys #
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
15	1:57.49	1:26.69	10 & Under 100 Fly	1:55.19	1:25.59	16
19	1:45.69	1:22.19	10 & Under 100 Back	1:42.89	1:21.29	20
23	53.59	41.99	10 & Under 50 Breast	53.59	42.19	24
27	39.79	32.19	10 & Under 50 Free	38.89	31.59	28
31	3:20.19	2:36.39	10 & Under 200 Free	3:09.89	2:31.89	32
35	1:44.99	1:22.59	10 & Under 100 IM	1:41.29	1:21.09	36
39			<b>10 &amp; Under 200 Medley Relay</b>			40
13	2:43.19	2:19.89	11-12 200 Free	2:38.89	2:16.19	14
17	1:27.99	1:14.19	11-12 100 Back	1:25.79	1:12.29	18
21	44.09	37.79	11-12 50 Breast	44.29	37.29	22
25	34.29	29.49	11-12 50 Free	33.39	28.59	26
29	1:27.19	1:13.19	11-12 100 Fly	1:25.79	1:11.69	30
33	3:26.39	2:56.89	11-12 200 Breast	3:21.69	2:52.89	34
37			<b>11-12 200 Medley Relay</b>			38

**Saturday PM – Estimated afternoon warm-up times will be posted on [www.lakeeriewimming.com](http://www.lakeeriewimming.com).**

Girls #	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys #
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
41			<b>13 &amp; Ov 200 Medley Rela</b>			42
45	1:19.09	1:07.79	13-14 100 Fly	1:13.29	1:02.89	46
49	3:14.59	2:46.79	13-14 200 Breast	3:02.39	2:36.29	50
53	1:19.89	1:08.49	13-14 100 Back	1:14.89	1:04.19	54
57	1:12.49	1:02.19	13-14 100 Free	1:06.99	57.39	58
61	2:55.49	2:30.49	13-14 200 IM	2:43.69	2:20.29	62
63			<b>13 &amp; Ov 400 Free Relay</b>			64
43	1:17.39	1:06.29	15 & Ov 100 Fly	1:10.09	1:00.09	44
47	3:09.99	2:42.79	15 & Ov 200 Breast	2:55.09	2:30.09	48
51	1:17.69	1:06.59	15 & Ov 100 Back	1:11.29	1:01.09	52
55	1:10.89	1:00.79	15 & Ov 100 Free	1:04.39	55.19	56
59	2:51.49	2:26.99	15 & Ov 200 IM	2:37.69	2:15.09	60
65	Time Standards Below		13 & Ov 500 Free	Time Standards Below		66

Events 200 yards and longer may be seeded together, but will be awarded separately.

**500 Free**

**13 – 14 Girls 6:51.79 – 5:52.99**

**13 – 14 Boys 6:31.09 – 5:35.19**

**15 & Ov Girls 6:45.29 – 5:47.39**

**15 & Ov Boys 6:18.39 – 5:24.29**

**Sunday AM - 7:40 Warm-Up, 8:30 meet start (Timed Finals)  
March 4, 2012**

Girls #	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys #
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
67	3:42.69	2:55.99	10 & Under 200 IM	3:40.89	2:55.29	68
71	1:31.29	1:11.89	10 & Under 100 Free	1:29.19	1:10.79	72
75	48.79	38.09	10 & Under 50 Back	49.19	38.29	76
79	1:59.99	1:33.39	10 & Under 100 Breast	1:55.69	1:31.79	80
83	48.79	37.29	10 & Under 50 Fly	47.29	36.69	84
87			<b>10 &amp; Under 200 Free Relay</b>			88
69	1:26.29	1:13.99	11-12 100 IM	1:23.69	1:11.49	70
73	1:13.59	1:03.09	11-12 100 Free	1:13.09	1:02.69	74
77	39.59	33.89	11-12 50 Back	39.49	33.49	78
81	1:36.39	1:22.19	11-12 100 Breast	1:35.09	1:20.49	82
85	37.79	32.39	11-12 50 Fly	38.19	32.09	86
89			<b>11-12 200 Free Relay</b>			90

Individual events for 11 & Over will be awarded for 11-12, 13-14, and 15 & over and those for 12 & under will be awarded for 11-12, 10 & under.

**Sunday PM –Estimated afternoon warm-up times will be  
posted on [www.lakeerieswimming.com](http://www.lakeerieswimming.com).**

Girls #	Cutoff Time		Age Group/Stroke	Cutoff Time		Boys #
	Equal to Or faster than	Slower than		Equal to Or faster than	Slower than	
91			<b>13 &amp; Ov 200 Free Relay</b>			92
95	2:51.79	2:27.29	13-14 200 Back	2:41.29	2:18.19	96
99	1:30.59	1:17.59	13-14 100 Breast	1:24.09	1:12.09	100
103	2:53.39	2:28.59	13-14 200 Fly	2:43.69	2:20.29	104
107	2:36.09	2:13.79	13-14 200 Free	2:26.09	2:05.29	108
111	33.39	28.69	13-14 50 Free	30.69	26.29	112
113			<b>13 &amp; Ov 400 Medley Rela</b>			114
93	2:47.89	2:23.89	15 & Ov 200 Back	2:34.39	2:12.39	94
97	1:28.29	1:15.69	15 & Ov 100 Breast	1:20.39	1:08.89	98
101	2:48.59	2:24.49	15 & Ov 200 Fly	2:35.59	2:13.39	102
105	2:32.09	2:10.39	15 & Ov 200 Free	2:20.09	2:00.09	106
109	32.69	27.99	15 & Ov 50 Free	29.49	25.29	110