

Swim Strong Intrasquad Meet

October 8, 2011

LOCATION: Berea High School Pool, 165 E Bagley Rd, Berea, OH 44017

STARTING TIMES: Warm ups will begin at 8:00am and last for 50 minutes. The meet will begin at 9:00 am.

ENTRY DEADLINE: Please email Scott Mayberry, smayberry@swimstrongsville.org with your intent to swim no later than 9:00PM on Friday, Sep 30.

ENTRY FEES: NONE. **ADMISSION COST:** NONE

ENTRY LIMITATIONS. Coaches will pick events for all swimmers. Each swimmer will swim 2 individual events.

CONDUCT: This meet is not sanctioned by USA Swimming and will not be officiated by USA Swimming.

SCORING: Swimmers will be grouped into 2 teams; TEAM SWIM and TEAM STRONG. Coach Mike or Coach Tom will be head coach for the teams.

AWARDS: Bragging rights

SwimStrong Intrasquad Meet
SCHEDULE OF EVENTS
Saturday October 8th, 2011

Sunday AM: 8:00 AM warm-up, Meet begins at 8:40 AM

Girls #		Boys #
1	10 & Under 100 Medley Relay	2
3	14 & Under 200 Medley Relay	4
5	18 & Under 200 Medley Relay	6
7	10 & Under 25 Butterfly	8
9	14 & Under 50 Butterfly	10
11	18 & Under 100 Butterfly	12
13	10 & Under 25 Backstroke	14
15	14 & Under 50 Backstroke	16
17	18 & Under 100 Backstroke	18
19	10 & Under 25 Breaststroke	20
21	14 & Under 50 Breaststroke	22
23	18 & Under 100 Breaststroke	24
25	10 & Under 25 Freestyle	26
27	14 & Under 50 Freestyle	28
29	18 & Under 100 Freestyle	30
31	18 & Under 100 Individual Medley	32
33	10 & Under 100 Free Relay	34
35	14 & Under 200 Free Relay	36
37	18 & Under 200 Free Relay	38