

Swim Strongsville VS Medina Makos.

Sponsored by

The Medina Makos

January 5th, 2012

Held under USA Swimming Sanction LE _____

LOCATION: Medina Recreational Center, 855 Weymouth Rd, Medina, Oh, 44256

POOL: 25 yards by 8 lanes, ample locker room space, bleachers, 8 lane scoreboard, concessions and parking in the back of the recreational center.

POOL MEASUREMENTS: The competition course has not been certified in accordance with 104.2.2C (4).

WATER DEPTH: The depth of the pool at the start end is 12 feet, 6 inches. The depth at the turn end is 4 feet, 6 inches.

STARTING TIMES: Warm-up will begin at 5 p.m. with the meet starting at 6 p.m.

ENTRY DEADLINE: Since there is no cost for the meet you may email me at smayberry@swimstrongsville.org by Friday, December 30 at 9:00PM indicating which events you want to enter (max 3).

ENTRY FEES: NONE **ADMISSION COST:** NONE

ENTRY LIMITATIONS. Swimmers may enter up to 3 individual events/day exclusive of relays. Swimmers may compete in 2 relays/day. There will be one or two heats for each event.

ELIGIBILITY: Swimmers must be athlete members of USA Swimming. Coaches must be current coach members of USA Swimming. Age is as of the first day of the meet January 5th, 2012.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25- yard course. All events are timed finals. This will be a pre seeded meet. There is No penalty for failure to show for an event. **Events may be combined.**

SCORING (if any): INDIVIDUAL: 8-6-5-4-3-2-1-0; RELAYS...10-5-3-0;

AWARDS: None

SAFETY/WARM-UP: Lake Erie Swimming safety guidelines and warm-up procedures will be in effect at all times. Coaches must maintain contact with their swimmers during warm-up. All entry into the pool for warm-up is feet first from the starting block end of the pool. There is no diving during warm-up, except in designated sprint lanes. Coach may control the warm-ups in their team's lane, as they prefer.

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

MEET DIRECTOR: Anthony Petruzzi, Phone: 330-635-8556, anth@zoominternet.net

SAFETY DIRECTOR: Steve Rhein, Phone: 330-721-6943, srhein@mrcr.medinaoh.org

ENTRY PERSON: Anthony Petruzzi, Phone: 330-635-8556, anth@zoominternet.net

SCHEDULE OF EVENTS

Thursday Night (1-5-12) – 5:00 Warm-Up, 6:00PM meet start
(Timed Finals)

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
1	n/a	10 & U 100 IM	n/a	2
3	n/a	8 & U 25 Free	n/a	4
5	n/a	10 & U 50 Free	n/a	6
7	n/a	10 & U 100 Free	n/a	8
9	n/a	8 & U 25 Back	n/a	10
11	n/a	10 & U 50 Back	n/a	12
13	n/a	10 & U 100 Back	n/a	14
15	n/a	8 & U 25 Fly	n/a	16
17	n/a	10 & U 50 Fly	n/a	18
19	n/a	10 & U 100 Fly	n/a	20
21	n/a	8 & U 25 Breast	n/a	22
23	n/a	10 & U 50 Breast	n/a	24
25	n/a	10 & U 100 Breast	n/a	26
27	n/a	8 & U 100 Free Relay	n/a	28
29	n/a	10 & U 200 Free Relay	n/a	30