

HEAT 10 & UNDER MEET

Sponsored by

Hudson Explorers Aquatic Team

January 21, 2012

Held under USA Swimming Sanction # LE 1203 S

THIS MEET IS SPLIT INTO 2 IDENTICAL SESSIONS. THE TEAMS HAVE BEEN ASSIGNED SESSIONS AS FOLLOWS:

<u>AM SESSION</u>		<u>PM SESSION</u>		
B3	NEON	BBSC	LSSC	WHAT
CCS	PAC	BEST	PA	WSST
CFYN	RYD	EM	PCP	WYRS
CLSC	SHSH	FAST	PS	YWOO
GO	STRS	FCYM	USC	YYN
HSC	SWIM	LESD	VFYT	
MRST	UN	LRST	WEST	
NCS	VSC			

LOCATION: Kent Roosevelt High School, 1400 N. Mantua St., Kent, OH 44240

POOL: 25 yards by 6 lanes, Colorado Timing system with digital scoreboard. Food and swimwear concessions will be open throughout the meet.

POOL MEASUREMENTS: The competition course has not been certified in accordance with 104.2.2C (4).

WATER DEPTH: The depth of the pool at the start end is 12 feet, 0 inches. The depth at the turn end is 4 feet, 0 inches.

STARTING TIMES: Morning session warm-up is from 7:30 – 8:00 a.m. for 9-10 year olds, and 8:00 – 8:30 for 8 & Unders, with competition starting at 8:35 a.m. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session with 9-10 year olds warming up the first 30 minutes and 8 & Unders warming up the second 30 minutes. Estimated afternoon start times will be posted at www.lakeerieswimming.com and www.hudsonheat.com by January 19, 2012.

ENTRY DEADLINE: Deadline for registering is Wednesday, December 28 at 9:00PM. Register at <http://www.swimstrongsville.org/meetinformatio.html>. Please indicate which events your swimmer is swimming.

ENTRY FEES: Individual events \$4.00; plus a \$2.00 per swimmer LESI surcharge and \$1 per swimmer PayPal charge.

ENTRY LIMITATIONS: Swimmers may enter up to 4 individual events and 1 relay event.

DECK ENTRIES: Deck entries will be taken on a space available basis up to 35 minutes before the start of the session and seeded at NT. Deck entrants should sign up at the deck entry table @ \$8.00 per individual event and \$ 12.00 per relay. Deck entry swimmers new to meet will be charged \$2.00 LESI surcharge and must provide proof of USA Swimming registration.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. Heats will be swum slowest to fastest. Each swimmer/relay team shall report to the Clerk of Course in a timely manner.

SEEDING & CHECK IN: All individual events will be pre-seeded. All relays will be deck seeded. Relay cards must be turned in upon call in order to be seeded. Each swimmer/relay team shall report promptly to the Clerk of Course prior to the race in which the swimmer/relay team is entered. In accordance with 102.1.4, events may be seeded together but scored separately (For 8&U events – 6&U, 7, 8 - For 10&U events – 8&U, 9, 10). The Lake Erie scratch rule (attached) will be in effect.

AWARDS: Individual Events: Ribbons for 1st – 8th place
Relay Events: Ribbons for 1st – 3rd place
Heat Winners: Ribbon

ADMISSION COST: Cost Per Person: \$4.00. Cost for Heat Sheets: \$3.00. Parking is free.

RESULTS: Will be posted on www.lakeerieswimming.com. Teams may request a backup at the conclusion of the meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director or LESI's Officials Chair, Frank Campbell, in advance of the meet if at all possible to let either know of your availability. The meet director's and Frank's contact information is listed below. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Frank Campbell.

Official's Chair: Frank Campbell: E-mail: facampbell@sbcglobal.net

NOTE: Only athletes entered in the meet, working coaches, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area.

DIRECTIONS:

From Cleveland: Take I-480 east, continue on Rt. 14 1.5 miles, turn right onto Rt. 43 and follow 5.3 miles.

From Warren/Niles: Take I-80 west to Exit 187 and merge onto Rt. 14 east, follow 2.5 miles and turn right onto Rt. 43 and follow 5.3 miles.

From Canton: Take I-77 north to Rt. 8 north, exit and merge onto Front St./Rt. 59, follow 6.5 miles. Turn left onto River St. (Rt. 43), continue on Gougler Ave., make a slight right onto N. Mantua St. and follow 1 mile.



Attention All Swimmers!

USA Swimming and Lake Erie Swimming team up to present:

The Lake Erie IMX Challenge for SC '11-'12!

Start completing your events when '11-'12 Short Course Season begins!

***You have until April 1, 2012 to complete your event list.**

9 & Under; 10-year olds:

200 IM, 200 Free, 100 Back, 100 Breast, 100 Fly

11-year olds; 12-year olds:

200 IM, 500 Free, 100 Back, 100 Breast, 100 Fly

13, 14, 15, 16, 17, and 18 -year olds:

200 IM, 400 IM, 500 Free, 200 Back, 200 Breast, 200 Fly

- In order to receive an IMX score, a swimmer must legally swim each IMX event for their age level in a sanctioned meet at least once during the '11-'12 season.
- A swimmer's times will count for the entire season-so if a swimmer ages up during a season the IMX score on the *My USA Swimming* page will show a score for his/her lower age group and their new age group.
- In order to check the progress, swimmers can create a web account to be able to access their personal *My USA Swimming* page! If a swimmer has already swum the event combo for his/her age level, the IMX score and ranking now appears in a special section of the swimmer's *My USA Swimming* page.

All swimmers participating and legally completing each IMX event for their single age group for the 2011-2012 Short Course Season will receive an IMX cap!

Top Three male and female swimmers in the Lake Erie district with the highest IMX score per single age group will receive the following at the LE Awards Banquet:

1st place – IMX personalized hoodie

2nd place – IMX towel

3rd place – IMX t-shirt

10 & UNDER MEET
SCHEDULE OF EVENTS
January 21, 2012
A.M. Events

7:30 Warm-up, 8:35 meet start (Timed Finals)

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
1	n/a	10 & U 200 IM	n/a	2
3	n/a	8 & U 25 Breast	n/a	4
5	n/a	10 & U 100 Breast	n/a	6
7	n/a	8 & U 50 Back	n/a	8
9	n/a	10 & U 50 Back	n/a	10
11	n/a	8 & U 100 Free	n/a	12
13	n/a	10 & U 200 Free	n/a	14
15	n/a	8 & U 25 Fly	n/a	16
17	n/a	10 & U 50 Fly	n/a	18
19	n/a	10 & U 100 Fly	n/a	20
21	n/a	8 & U 25 Free	n/a	22
23	n/a	10 & U 50 Free	n/a	24
25	n/a	10 & U 100 IM	n/a	26
27	n/a	8 & U 100 Free Relay	n/a	28
29	n/a	10 & U 100 Free Relay	n/a	30

10 & UNDER MEET
SCHEDULE OF EVENTS
January 21, 2012
P.M. Events

Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. Competition will begin at the completion of the 60-minute warm-up. Estimated start times will be listed at www.lakeerieswimming.com and www.hudsonheat.com.

Girls #	Qualifying Time	Age Group/Stroke	Qualifying Time	Boys #
31	n/a	10 & U 200 IM	n/a	32
33	n/a	8 & U 25 Breast	n/a	34
35	n/a	10 & U 100 Breast	n/a	36
37	n/a	8 & U 50 Back	n/a	38
39	n/a	10 & U 50 Back	n/a	40
41	n/a	8 & U 100 Free	n/a	42
43	n/a	10 & U 200 Free	n/a	44
45	n/a	8 & U 25 Fly	n/a	46
47	n/a	10 & U 50 Fly	n/a	48
49	n/a	10 & U 100 Fly	n/a	50
51	n/a	8 & U 25 Free	n/a	52
53	n/a	10 & U 50 Free	n/a	54
55	n/a	10 & U 100 IM	n/a	56
57	n/a	8 & U 100 Free Relay	n/a	58
59	n/a	10 & U 100 Free Relay	n/a	60