

Distance Animal Meet

Hosted by

THE YMCA OF WOOSTER SWIM TEAM (YWO)

February 12, 2012

Held under USA Swimming Sanction # LE 1208 S

LOCATION: Wooster High School, Ellen Shapiro Natatorium, 515 Oldman Road, Wooster, OH, 44691
Pool office phone (330) 345-3131

POOL: The competitive swimming pool measures 8 lanes by 25 yards. Daktronics timing system and 8-lane digital readout scoreboard; ample locker room space and balcony seating for spectators. Continuous warm-up and warm-down will be available in non-competitive end of the pool. The facility is located on the west end of Wooster High School, with adjacent free parking in the west parking lot. Please enter through the doorways facing the west parking lot. Spectators may enter the facility on the stairway on the right of the hallway as you enter the building. Swimmers may proceed to the locker rooms which are located down the first hallway on the right past the stairs.

WATER DEPTH: The depth of the pool at the start ends is 6 feet, 7 inches; the depth at the turn end is 13 feet.

STARTING TIMES: Warm-up will begin at 8:00 a.m. and last 45 minutes with the meet starting at 8:50 a.m. Continuous warm-up will be available in the non-competitive portion of the pool. Afternoon warm-up will begin 15 minutes after the conclusion of the morning session. Estimated warm-up times will be posted at www.lakeeriewimming.com by Friday, February 10, 2012.

ENTRY DEADLINE: Deadline for registering is Wednesday, January 18 at 9:00PM. Register at <http://www.swimstrongsville.org/meetinformatio.html> Please indicate which events your swimmer is swimming.

ENTRY FEES: Individual events \$7.00 each plus a \$2.00 per swimmer surcharge and \$1 per swimmer PayPal charge.

ENTRY LIMITATIONS: Swimmers may enter no more than 2 events. However, it is the expectation that coaches will take the responsibility for monitoring swimmer entries and events. **No break will be taken between events.** We reserve the right to limit entries to ensure a manageable meet.

DECK ENTRIES: Deck entries will be accepted on a space available basis only (post scratches) and will be seeded **at time**. Deck entries will be closed 35 minutes before the start of each session. The cost of deck entries is \$10.00 per individual event. Switching events constitutes a deck entry. Deck entry swimmers new to the meet must pay \$2.00 surcharge and provide proof of USA Swimming membership. **On-deck athlete USA Swimming registration will be available, however on-deck coach registration will not.**

QUALIFYING TIMES: **Except as indicated below for 10 & Under swimmers, swimmers may enter only those events offered at Championships for their age as of March 9, 2012, and their entry times must be slower than the qualifying time for Gold Championships for that age group.**

Exception: 10 & Under swimmers may enter the 200 breast, 200 back, and/or 200 fly if they are equal to or faster than the NAG B time in the corresponding 100 stroke. See the attached time standard sheet. 10 & Unders who qualify must enter their best estimate of their time in the 200 strokes. All swimmers must enter with a time even if it is an estimated time. NT will NOT be accepted.

SLOWER THAN: These meets have times investigated after the meet if a protest is filed.

CONDUCT: The meet will be conducted according to the rules set forth in the current USA Swimming Rules and Regulations. Events will be contested in a 25-yard course. All events are timed finals. All events will be run slowest to fastest. **Swimmers who are 12 & under, and are entered in the 500 may be seeded in slower heats in order to assure that they are done within 4 hours.**

SEEDING & CHECK IN: Events will be deck-seeded. Check in sheets will be posted on the pool office windows. Swimmers should check-in before warm-up and no later than 30 minutes prior to the start of each session. Those swimmers who do not plan to arrive on time for check in may check in via email (pattyhdyer@gmail.com) no later than 7 p.m. on February 11, 2012. Swimmers checking in via email should bring a confirmation email with them to the meet. Heat and lane assignments will be posted on the pool office windows and at other announced locations. The LESI scratch rule will be in effect. In accordance with 102.1.4, events may be seeded together but scored separately. Swimmers who check in for an event and do not compete will be fined \$25 per event in accordance with the LESI scratch rule (attached) unless the referee determines that failure to compete was due to circumstances beyond the control of the swimmer.

COACHES: Coach's packets will be available in the pool office. There may be a coaches meeting 15 minutes prior to the start of the meet.

SCORING: None

AWARDS: Individual Events: Ribbons will be awarded for places 1-3 in each age group: 10 & under, 11-12, 13-14, and 15 & Over. Awards must be picked up at the meet.

ADMISSIONS: \$3.00 includes psych sheet. Heat and lane assignments will be posted on the balcony level after the events have been seeded. Parking is free.

RESULTS: The results will be posted at www.lakeerieswimming.com after the meet.

NOTE: Each swimmer must provide a person to count if desired. Only athletes entered in the meet, working coach, officials, and meet workers are allowed on deck. Other non-participants are expected to remain in the spectator area. Use of audio or visual recording, including a cell phone, is not allowed in changing areas, restrooms or locker rooms.

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

OFFICIATING OPPORTUNITY – Anyone that is a USA Swimming certified official is welcome and encouraged to join the Lake Erie Swimming (LESI) officials in officiating this meet. Please contact the meet director or LESI's Officials Chair, Frank Campbell, in advance of the meet if at all possible to let either know of your availability. We are also looking for anyone that is interested in becoming an official, for more information please contact the Official's Chair, Frank Campbell at frankacampbell@gmail.com

MEET DIRECTOR: Carl Shallenberger, woosterymcaswim@gmail.com (330) 345-3131

SAFETY DIRECTOR: Jeff Collins, jeffecollins@gmail.com (419) 571-2530

ENTRIES: Patty Dyer, 3919 Pheasant Run, Wooster, OH 44691, pattyhdyer@gmail.com

DIRECTIONS:

From the north: take I-71 south to S.R. 83. Travel south on S.R. 83 to Friendsville Road. At the Friendsville Road red light turn right. Travel to next light at Oldman Road. Turn right on Oldman Road. Destination will be on the right.

From the south: take I-71 north to S.R. 30. Travel east on S.R. 30 to S.R. 83. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel to next light at Oldman Road. Turn right on Oldman Road. Destination will be on the right.

From the east: take S.R. 30 or S. R. 250 west to S.R. 83 north. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel to next light at Oldman Road. Turn right on Oldman Road. Destination will be on the right.

From the west: take S. R. 30 east or S.R. 250 east to S. R. 83 north. Take S.R. 83 north to Friendsville Road. Turn left at the Friendsville Road red light. Travel to next light at Oldman Road. Turn right on Oldman Road. Destination will be on the right.

Motels

Amerihost Inn – East	2055 Lincoln Way, Wooster	330-262-5008
Best Western	243 E. Liberty, Wooster	330-264-7750
Days Inn	789 E. Milltown Rd., Wooster	330-345-1500
Econo Lodge	2137 Lincoln Way East, Wooster	330-264-8883
Hampton Inn	4253 Burbank Road, Wooster	330-345-4424
Hilton Garden Inn	959 Dover Road, Wooster	330-202-7701
Wooster Inn	801 E. Wayne Ave., Wooster	330-263-2660

Spectator Emergency Evacuation Plan: In the event of an alarm or an emergency requiring evacuation, spectators should remain calm, exit the balcony area using the stairwell leading to the hallway, and proceed to the west to the building exit. Swimmers should also remain calm, exit the pool deck through the locker rooms and proceed outside through the south or west building exits.

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Morning Session
8:00 am Warm-Up, 8:50 am meet start (Timed Finals)

Mixed Girls and Boys Will Swim Together	Slower Than (see attached sheet)	Event Description
1		11 and over 400 IM
2		Open 200 Back
3		Open 200 Breast
4		11 and over 1000 Free
5		Open 200 Fly
6		11 and over 1650 Free

Afternoon Session

Second session warm up will begin 15 minutes after the conclusion of the first session.
Estimated timeline will be posted on www.lakeerieswimming.com
by Friday, February 10, 2012.

Mixed Girls and Boys Will Swim Together	Slower Than (see attached sheet)	Event Description
7		Open 500 Free

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Time Standards

Swimmers must be SLOWER THAN the time standards listed below for their age as of March 9, 2012, except where specifically indicated below. Please read carefully. Please see QUALIFYING TIMES information in the preceding pages.

	EVENT	
10 AND U GIRLS		10 AND U BOYS
Slower than 6:48.39	500 FREE	Slower than 6:44.59
Equal to or faster than 1:45.69 in 100 Back	200 BACK	Equal to or faster than 1:42.89 in 100 Back
Equal to or faster than 1:59.99 in 100 Breast	200 BREAST	Equal to or faster than 1:55.69 in 100 Breast
Equal to or faster than 1:57.49 in 100 Fly	200 FLY	Equal to or faster than 1:55.19 in 100 Fly
SLOWER THAN		SLOWER THAN
11-12 GIRLS		11-12 BOYS
6:09.29	500 FREE	6:04.69
12:51.69	1000 FREE	12:42.89
21:39.59	1650 FREE	21:23.59
2:35.89	200 BACK	2:32.89
2:56.89	200 BREAST	2:52.89
2:38.59	200 FLY	2:35.29
5:36.09	400 IM	5:28.89
13-14 GIRLS		13-14 BOYS
5:52.99	500 FREE	5:35.19
12:07.59	1000 FREE	11:36.39
20:12.19	1650 FREE	19:15.69
2:27.29	200 BACK	2:18.19
2:46.79	200 BREAST	2:36.29
2:28.59	200 FLY	2:20.29
5:17.79	400 IM	5:00.49

15 & OVER GIRLS		15 & OVER BOYS
5:47.39	500 FREE	5:24.29
11:55.89	1000 FREE	11:12.19
19:58.89	1650 FREE	18:47.99
2:23.89	200 BACK	2:12.39
2:42.79	200 BREAST	2:30.09
2:24.49	200 FLY	2:13.39
5:09.89	400 IM	4:47.79