

***YOU ARE INVITED TO THE***  
**50<sup>TH</sup> ANNUAL**  
**CHRISTMAS MEET INVITATIONAL**  
**DECEMBER 15, 16, 17, AND 18, 2011**  
***HELD AT THE***  
**UNIVERSITY OF PITTSBURGH'S**  
**JOE C. TREES POOL**

***BONUS EVENTS AVAILABLE THIS YEAR!***  
SEE THE ATTACHED INFORMATION REGARDING BONUS EVENTS  
***11-12 500 FREE AND 400 IM THIS YEAR!***  
SEE THE ATTACHED INFORMATION REGARDING THIS AND OTHER CHANGES

Two (2) Eight-lane, 25-yard courses  
with a 25-yard warm-up pool separate from the competition pool

**START TIMES FOR FINALS**

**Thursday, Dec. 15, 2011 - 6pm**

**Friday Dec. 16, 2011 - 6pm**

**Saturday Dec. 17, 2011 - 6pm**

**Sunday Dec. 18, 2011 - 5pm**

Download your invitation online at:

[www.teampittsburgh.com](http://www.teampittsburgh.com)

Real Time web results will be available throughout the meet at:

[www.teampittsburgh.com](http://www.teampittsburgh.com)

ENTRY DEADLINE

**November 21, 2011, Noon**

*Teams may update their entry with any NEW INDIVIDUAL ENTRY QUALIFIERS  
only, by Monday, December 5<sup>th</sup> at Noon.*



# CHRISTMAS MEET INVITATIONAL

HELD AT THE UNIVERSITY OF PITTSBURGH  
DECEMBER 15 – 16 – 17 - 18, 2011

SPONSOR: Team Pittsburgh Aquatics

OFFICIALS QUALIFYING MEET:

SANCTION: Allegheny Mountain Swimming, Inc.

SANCTION NO: AM-121511-01

LOCATION: Trees Pool, University of Pittsburgh, Aliquippa & Darragh Sts., Pittsburgh, Pa.

POOL TYPE: Two (2) eight-lane, 25-yard, indoor courses with electronic timing and anti-wave lane lines.  
Six (6) lane 25-yard warm up/warm down pool. The competition course has been certified in accordance with 104.2.2.C(4). The copy of such certification is on file with USA Swimming.

RULES: The meet will be governed by current USA Swimming Rules.  
All participants must be currently registered USA Swimming Athletes.

EVENTS: The meet will be swum in accordance with the accompanying Schedule of Events.  
The 1650 and 1000 yard freestyle events and all relay events will be swum as timed finals.  
The 1000 free and 11-12 400 Individual Medley will be swum on Thursday evening fastest to slowest alternating women/men.  
The fastest seeded heat of the 1650 after check-in and declaration will be swum with finals.  
The remaining heats of the 1650 will be swum after the morning relays - fastest to slowest.  
**\*\*The fastest seeds for the 1650 and Senior 400 Freestyle Relay may only opt to swim in prelims if team is on an early departure from the meet. You may not opt to swim the 1650 or Senior 400 Freestyle Relay in the morning in order to swim other events in finals.**

The fastest 8 Senior Relays will swim in finals. For Sunday's Senior 400 Freestyle Relay, the fastest 8 relays after check in and declaration will compete in finals.

All other age-group (9-10, 11-12, 13-14, & 15-16) relays will be swum as timed finals in the prelim (morning) sessions.  
**All relays must be included prior to entry deadline. NO DECK ENTERED RELAYS WILL BE ACCEPTED.**

**Please declare Senior 400 Freestyle Relay intentions by the following deadline:**

Please declare by the beginning of finals (6:00pm on Sat.) the day prior to the event being swum.

The remaining individual events (except 8-Under events and 10 and under events) will be swum as preliminary and finals.  
8-Under and 10-under events are timed finals in the afternoon.

**Consolation finals will be swum for senior individual events only.**

**There may be up to a ten (10) minute break prior to the start of the 13 and over relays, prelims and finals.**

**ENTRY:**

- INDIVIDUAL EVENT= \$5.00 per entry  
RELAYS= \$8.00 per entry
- Entry fees should be mailed to the meet director  
**E-MAIL** entry files to: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org)
- TEAMS MUST submit their entries by e-mail or a \$20 additional fee will be charged!
- HY-Tek Meet Summary is strongly encouraged to be sent via email in DOC or PDF form.  
**Meet check must follow in the mail. ALL PAYMENTS MUST BE RECEIVED PRIOR TO THE START OF THURSDAY EVENING'S EVENTS.**
- **Make checks payable to: Pittsburgh Aquatic Program**  
In order to verify your team's official entry into the meet, you will receive a confirmation email from Jeff ([berghoff@pitt.edu](mailto:berghoff@pitt.edu)). If you do not receive a confirmation within 24 hours of submission you are encouraged to contact Jeff via e-mail (see above). Please do not assume that you are in the meet without confirmation.

**MEET DIRECTOR:**

**Jeff Berghoff**  
Suite 218 Fitzgerald Field House  
Pittsburgh, PA 15261  
Phone – 412-648-8340

**ENTRY DEADLINE: Monday, November 21, NOON – Teams may update their entries by Monday, December 5 at NOON with any NEW INDIVIDUAL ENTRY QUALIFIERS.**

The Meet Director must receive entries and **FEES** no later than the first session of the meet.

The current USA Swimming number must also be listed with each swimmer's entry.

E-mail entries in HYTEK form to [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org)

**When you E-mail your entry, please include a copy of the meet summary. Payment required prior to start of meet.**

**\*\*\*Officials interested in gaining National Qualifications - See note on last page of this invitation\*\*\***

**ENTRY RESTRICTIONS:**

1. No swimmer may enter more than three (3) individual events per day.
2. No club may enter more than (5) teams per relay event.
3. Positive check-in is required for the 1000 free by 5:30pm on Thursday, the first day of the meet and for the 1650 freestyle by 8:30am on Sunday, the last day of the meet.
4. **The Meet Director reserves the right to return entries in order to control the duration of the meet with the approval of the AMS Age Group Committee.**
5. No late entries, phone entries or fax entries will be accepted.
6. Relays must be included prior to the entry deadline.
7. **NO DECK ENTRIES WILL BE ACCEPTED. This includes individual or relay events.**
8. All entries must be submitted electronically by the team entry person.  
**No individual entries will be taken unless the athlete(s) is unattached and not associated to any USA Swimming Club.**

**Bonus Events:**

1. If a swimmer qualifies for a single (1) individual event, that swimmer may compete in up to one (1) additional event regardless of the qualifying time.
2. If a swimmer qualifies for two (2) or more individual events, that swimmer may compete in up to two (2) additional events, keeping in mind not to exceed the maximum of ten (10) individual events for the entire meet and the maximum of three (3) individual events per day.
3. **Please indicate on the entry file if an event is a bonus event by checking the “bonus event” box.**
4. **Bonus events will be seeded after all yards and LCM entries.**
5. **To control the length of time of the distance events, there will be a bonus event qualifying time for the 400 IM, 500 Free, 1000 Free and 1650 Free for all age groups. Swimmers who wish to swim those events as bonus events must be faster than the following: 400 IM - within four (:04) seconds, 500 Free - within five (:05) seconds of the qualifying time; for the 1000 Free – within ten (:10) seconds of the qualifying time; and for the 1650 Free – within sixteen and a half (:16.50) seconds of the qualifying time. Time is calculated at 1 second per 100.**

**SEEDING:** This is a pre-seeded meet. For the finals in age group events, if there are “no shows,” alternates will be placed in the open lane(s) without reseeding. In senior events, consolation “no shows” will be filled from alternates without reseeding, but in championship finals of senior events, lanes will remain empty for “no shows.” In prelims, the order of seeding will be SCY, LCM, BONUS.

**NOTE: Positive check-in is required for the 1000, 1650, AND ALL SENIOR RELAYS.**

**PROOF OF TIMES:** **PROOF OF TIMES SHALL BE REQUIRED. Please check the “Proof of Times” box when you submit your hard copy of your entry report.**  
**Proof of time must come from a USA Swimming sanctioned, approved or observed swim.**

**SCRATCH RULE:** Scratching from finals will be allowed in accordance with current USA Swimming Rules. For this meet, swimmers must complete and sign a scratch form (or intent to scratch) and submit it to the designated person in charge of scratches at the Admin Table at the deep end of the pool no later than 30 minutes after the announcement of the event results. The penalty for not properly scratching from finals and not competing will be as stated in Rule 207.12.D (2008 Rules and Regulations). “(1) Any swimmer qualifying of a C, B, or A final race in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet, except as noted in paragraph E. A declared false start under 101.1.3F or deliberate delay of the meet under 101.1.5 is not permitted and will be regarded as a failure to compete.”

**SCORING:** Individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1  
(For Age Group events, only eight places will score - 20-17-16-15-14-13-12-11)  
Relays events are doubled. (For Age Group relays, only the top eight relays will score.)

**AWARDS:** Individual events- Medals through 3<sup>rd</sup> place for 13 and up.  
Medals through 3<sup>rd</sup> place and ribbons 4<sup>th</sup>-8<sup>th</sup> for 12 and under.  
High point awards for all age groups and seniors will be awarded.  
*NOTE: Points scored in senior competition will be added to age group total.*  
Relays- Medals through 3<sup>rd</sup> place

**SPECIAL AWARD:**

The **CAROL AND JERRY ZALESKI AWARDS** will be presented to the winner of the 100-yard Freestyle Event for Senior Men and Women. The names of the winners will be placed on a permanent plaque for display in the pool balcony.



**WARM-UPS:** Please note that all swimmers must be under the supervision of a USA Swimming coach during warm-up and competition. If necessary, the Meet Director or Referee will assist the swimmer in making such arrangements.

**STARTING TIMES:** (Note- Starting times are different for Sunday!)

**12 & Under events**

Warm-up- no sooner than 1:00pm Fri/Sat (12:45pm on Sun.)

**PRELIMS BEGIN**- no sooner than 2:00pm Fri/Sat (1:30pm on Sun.)

**8 & Under events**- All 8-under and 10-under events are Timed-finals events during the afternoon sessions.

**13 & Over events**

Warm-up- 7:00am

**PRELIMS BEGIN**- 8:30am each day

**FINALS SESSIONS Begin- Thursday/Friday/Saturday - 6:00pm, Sunday- 5:00PM**

Warm-up begins no later than one hour prior to finals beginning.

**We will be using two pools for preliminary sessions. The women/girls will swim in the deep end on Friday and Sunday and the shallow end on Saturday. The men/boys will swim in the shallow end on Friday and Sunday and the deep end on Saturday. At the discretion of the Meet Director and the Referee, afternoon prelims MAY be swum in the deep end only, time permitting.**

The following warm-up schedule will apply to this meet:

The first half of all warm-up periods will be a general warm-up with **NO DIVING** from the blocks or sides of the pool. All blocks are to be covered with safety cones. **NO PADDLES.** No sprint or pace work in general warm-up lanes. During the last half of all warm-up periods, the safety cones on lanes 2 and 7 will be removed. One-way diving and sprinting will be done in these lanes only from the starting end of the pool. The outside lanes will be used for push-off circle pace-work from the start end of the pool. The remaining lanes will be general warm-up lanes, with no diving or push-off pacing permitted, unless otherwise instructed by the referee and marshal.

**NO UNAUTHORIZED PERSONNEL WILL BE ALLOWED ON THE POOL DECK.** Coaches, Officials and designated Meet personnel will only be permitted on deck if they are wearing their approved and current credentials. All other individuals, excepting swimmers, will be prevented from entering the deck area.

**MEET MARSHALS:**

Marshals have authority through the Meet Director over warm-ups. A swimmer and/or coach may be removed from the deck for non-compliance with warm-up procedures.

**PARKING:**

For a charge, you may park all day in the OC LOT adjacent to the pool. The OC LOT is a secured, lighted lot.

We recommend that you use the OC LOT.

However, if you do park on the street, we recommend that you remove all valuables from your car, or remove them from view. The daily parking rate is \$10 per day with possible in and out privileges. The fee is \$7 if you have a valid Pitt ID. On Saturday, due to a Pitt men's basketball game, the OC lot will NOT permit in and out privileges, and during game time there will be parking in the Tower View garage behind Trees Pool.

***Fortunately, the University of Pittsburgh Parking Office MAY allow in/out privileges in the OC Lot when there are not other special events scheduled to swim meet parents, officials and coaches.***

***The In-Out privilege is NOT EXTENDED to others parking at the University, and may be revoked.***

In order to utilize this, please keep your parking payment stub with you when you exit in order to re-enter the lot for finals. Thanks.

**ADDITIONAL INFORMATION:**

Should you need any additional information regarding the meet, please call Jeff Berghoff at 412-648-8340.

**NOTE to Officials-** This meet has been designated as a "Qualifying Meet (QM number pending)," for N2 level Officials qualifications. "National Evaluators" have been assigned for certification and re-certification evaluations. Those desiring initial certification or re-certification above the LSC level should download the new application for this purpose from the "Officials" section under the "Volunteers" tab on the USA Swimming web site at the link below. Applicants will be considered on a first-come basis, however, there may not be enough resources to accommodate all such requests. All applications for evaluations should be e-mailed to the meet referee at

Web address: [http://www.usaswimming.org/USASWeb/\\_Rainbow/Documents/710b2dd9-21b7-45e0-b41a-6cf3649572bc/Request%20for%20Evaluation.doc](http://www.usaswimming.org/USASWeb/_Rainbow/Documents/710b2dd9-21b7-45e0-b41a-6cf3649572bc/Request%20for%20Evaluation.doc).

Please note that N2 evaluations must be done over 3 sessions in the position. Re-certification evaluations must be done over 2 sessions, however, the official must work at least 4 sessions at the meet for the re-certification evaluation(s) to be valid. Only one position may be evaluated in each session, although officials may rotate to permit multiple evaluations.

These evaluations represent only a portion of the certification and re-certification. Applications must be submitted in order to complete the re-certification and advancement process.

**Please feel free to duplicate this information and entry forms for any club needing information.**



## Christmas Meet Invitational Meet Entry Summary

(This completed form MUST accompany your entry and payment.)

**ENTRY DEADLINE is Monday, November 21, 2011, Noon.**

***Teams may update their entry with any NEW INDIVIDUAL QUALIFIERS  
by Monday, December 5<sup>th</sup>, Noon.***

*Mail completed Meet Entry Summary, Payment and Entries to:*  
**Jeff Berghoff – Christmas Meet, Swimming Office, 218 Fitzgerald Field House, Pittsburgh, PA 15261**

TEAM NAME \_\_\_\_\_ CODE LETTERS (5) \_\_\_\_\_

COACH \_\_\_\_\_ Phone \_\_\_\_\_ E-mail \_\_\_\_\_

**Please complete BOTH sides of this form and return it with your entry check. Your entry will be considered incomplete WITHOUT this form. Please e-mail your actual entries (see below).**

TEAM ENTRY PERSON \_\_\_\_\_ E-mail \_\_\_\_\_

TEAM ADDRESS \_\_\_\_\_  
\_\_\_\_\_ RESULTS will be posted on the web  
at [www.teampittsburgh.com](http://www.teampittsburgh.com)

*(PLEASE E-MAIL YOUR .CL2 ENTRIES TO: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org) then mail this form.)*

### **ENTRY FEE PAYMENT (Check Payable to Pittsburgh Aquatic Program)**

Number of Individual Entries \_\_\_\_\_ at \$5.00= \$ \_\_\_\_\_

Number of Relay Entries \_\_\_\_\_ at \$8.00= \$ \_\_\_\_\_

**Note: There is a data entry fee of \$20 per team for teams with more than 5 swimmers who do not submit entries in CL2 format by e-mail. If you do not enter by Hy-tek or Team Unify, add this fee here BEFORE you total your entry fees. + \$20 if applicable**

**TOTAL Submitted= \$ \_\_\_\_\_**

**One (1) Club or Certified Check per team.**

**Make checks payable to:  
Pittsburgh Aquatic Program**

Questions concerning my team's entries should be directed to:

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone

\_\_\_\_\_  
e-mail

## The 50<sup>th</sup> Annual Christmas Meet Invitational

December 15-18, 2011

### List of Suggested Hotels

(In no particular order)

You Must Mention the Christmas Swim Meet and make reservations prior to the cut-off date to get the advertised rate.

Cut-off date for each hotel is listed

- **Holiday Inn Select, University Center** 412-682-6200 Cut-off date: 12/02/2011  
 (In the Center of the Pittsburgh Campus)  
**\$105 Flat Rate** (Up to four persons)  
 Restaurant on site/meal plans available. Indoor pool. Complimentary parking.
- **Marriott City Center** 412-471-4000 Cut-off date: 11/24/2011  
 (10 minutes from pool in Downtown Pittsburgh.)  
**\$99 Flat Rate** (Up to four persons.)  
 Parking \$22/day – In and out privileges.
- **Courtyard Marriott Shadyside/Oakland** 412-683-3113 Cut-off date: 11/17/2011  
 (Right down the street, 5-10 minutes from the pool)  
**119 Flat Rate** (Up to four persons.)  
**Parking – valet - \$17.88 per day.**
- **Wyndham Garden Hotel, University Place** 412-683-2040 Cut-off date: 11/16/2011  
 (Three blocks/two minutes from pool on Forbes Ave.)  
**\$120** (Single or Double Occupancy) Restaurant on site  
**Parking \$18 per night for standard vehicles. All parking on space available basis**
- **Renaissance Hotel - Pittsburgh** 412-562-1200 Cut-off date: 11/25/11  
 (Located downtown right on the river)  
**\$129** (Single or Double Occupancy) Restaurant on site  
**Parking \$28 per night for standard vehicles valet. There is also a parking garage directly across the street.**
- **Residence Inn Pittsburgh – Oakland** 412-621-2200 Cut-off date:  
 (Three blocks/two minutes from pool on Forbes Ave.)  
**\$119** (Single or Double Occupancy) Restaurant on site  
**Parking \$13.50 per night for standard vehicles. All parking on space available basis**
- **SpringHill Suites – South Side Works** 1-800-Marriott Cut-off date: 11/17/2011  
 Minutes from the pool, brand new hotel.  
**\$108** (Single or Double Occupancy)  
**Parking \$14 per night for standard vehicles. All parking on space available basis**
- **SpringHill Suites – Bakery Square** 866-275-0741 Cut-off date: 11/24/2011  
 5-10 minutes from the pool, brand new hotel.  
**\$124** (Single or Double Occupancy)  
**All parking on space available basis**
- **Hampton Inn – Oakland** 412-681-1000 Cut-off date: 11/24/2011  
 5-10 minutes from the pool. Entirely renovated in 2010.  
**\$109** (Single or Double Occupancy)  
**Free Parking, Free Breakfast Buffet, Free Wireless**

## MORE HOTEL INFO

- **Omni William Penn Downtown**  
10-15 minutes from the pool  
\$87 (Single or Double Occupancy)  
\$13.75 for parking.

1-800-THE OMNI

Cut-off date: 11/18/2011

## Additional Meet Information

We will be cutting off the entries at about 7,000 entries and at about 1,500 swimmers. We would encourage you to get your entries in early, since the cut-offs for teams will be based on entry receipt date. Please call if you have any questions regarding the cut-off.

**Meet results will be published on [www.teampittsburgh.com](http://www.teampittsburgh.com).**

All teams are encouraged to e-mail their entries to Jeff Berghoff, Meet Director, at: [tpit-entries@amswim.org](mailto:tpit-entries@amswim.org).



Both sides of this form must be complete and accompany your check in the mail before the entry deadline of November 21 in order to be considered complete.

## TIMER INFORMATION FORM

Since this is such a large regional competition, we are requesting that teams provide timers for certain lanes for sessions. Please indicate below which sessions you would like to provide timers. We will try to make sure that the lanes for which your team will be responsible will be during the sessions at which you will have the most parents present. Thanks. Jeff, Meet Director.

### FRIDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 6pm-8pm

### SATURDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 2pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 6pm-8pm

### SUNDAY PRELIMS

\_\_\_\_\_ 8:30am-12noon  
(13-Older)

\_\_\_\_\_ 1:30pm-4:30pm  
(12-Younger)

### FINALS

\_\_\_\_\_ 5pm-7pm

**TEAM NAME** \_\_\_\_\_

**CONTACT PERSON AT MEET** \_\_\_\_\_

**RETURN THIS FORM WITH YOUR ENTRY CHECK. IF IT IS NOT  
RETURNED, YOUR ENTRY WILL BE CONSIDERED  
INCOMPLETE.**

**The Rules of Conduct as Adopted by the Allegheny Mountain Swimming Association for this meet.**

1. Any swimmer breaking any one or more of the following rules will be ejected from the premises:
  - a. willful damage to the premises (walls, floors, doors, etc.);
  - b. willful damage to the furniture, fixtures and appointments;
  - c. plugging sinks, toilets, or other drains;
  - d. flicking towels, fighting, wrestling, etc.;
  - e. violation of any posted or announced regulation(s);
  - f. insubordination to officials and deck marshals;
  - g. any other unsportsmanlike, irresponsible or unsafe conduct; or
  - h. use of alcohol, illegal drugs, and tobacco (inhaled or chewed).
2. USA Swimming mandates the following procedure for expeditious handling of complaints and/or disciplinary actions for violation of these rules:
  - a. Since federal law states that an athlete cannot be suspended from competition, even temporarily, without a hearing, the host club should be prepared in advance to have an ad hoc Meet Rules Committee selected. The Committee should have a referee or designated official, the Meet Director and an athlete as members. This Committee should be announced before the start of the meet. It is the Meet Director's responsibility to select this Committee; however, the Meet Director may ask the Referee to select this ad hoc Committee. In the case of a protest, the Committee shall convene on the site immediately to handle the situation.
  - b. The decision must be reduced to writing within ten (10) days of the hearing and a copy served by mailed to the athlete and to the Chairman of the AMS Review Committee. It should include findings of fact. If a formal hearing is desired, the matter can be referred to the AMS Review Committee for a full hearing.
3. Coaches and swimmers must remain a minimum of two (2) feet from the pool's edge. Coaches and official must display current USS registration cards.
4. Only competing swimmers, officials and lap counters are permitted within four (4) feet of the pool's edge both at the starting and turning ends.
5. Spectators, including parents, are not permitted on the pool deck.
6. Coaches, parents and/or swimmers are not to contact the administration desk or electronic timing operator regarding questions of time or place of finish. All questions should be directed to the Referee.
7. If the electronic timing device is set off before a race is completed, or if the body of a swimmer (defined as the torso, including shoulders and hips) enters the water, or if, in the opinion of the Meet Referee, an "on-deck" swimmer has interfered with an "in-pool" swimmer, then the "on-deck" swimmer may be disqualified from their next event.

**TPIT CHRISTMAS INVITATIONAL  
DECEMBER 15 – 18, 2011**

WOMEN	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	THURSDAY EVENING Session 1	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	MEN
1	10:07.59	11:23.89	Senior 1000 Free	10:36.19	9:34.09	2
3	6:23.99	5:36.09	11-12 400 Individual Medley*	5:28.89	6:20.19	4

WOMEN	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	FRIDAY MORNING Session 2	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	MEN
5	2:44.29	2:24.19	13-14 200 Individual Medley	2:14.39	2:35.69	6
7	2:47.29	2:26.99	15-16 200 Individual Medley	2:15.09	2:35.89	8
9	2:38.99	2:19.29	Senior 200 Individual Medley	2:06.19	2:24.99	10
11	1:16.49	1:07.79	13-14 100 Butterfly	1:02.89	1:11.09	12
13	1:14.19	1:06.29	15-16 100 Butterfly	1:00.09	1:07.69	14
15	1:10.29	1:02.79	Senior 100 Butterfly	56.19	1:03.89	16
17			Senior 800 Freestyle Relay			18
19	4:56.49	5:30.59	Senior 500 Freestyle	5:04.49	4:35.19	20

GIRLS	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	FRIDAY AFTERNOON Session 3	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	BOYS
21	2:37.69	2:19.89	11-12 200 Freestyle	2:16.19	2:34.89	22
23	2:58.49	2:36.39	10 & Under 200 Freestyle	2:31.89	2:52.39	24
25	1:43.99	1:31.29	8 & Under 100 Freestyle	1:29.19	1:41.59	26
27	36.29	32.39	11-12 50 Butterfly	32.09	36.19	28
29	42.09	37.29	10 & Under 50 Butterfly	36.69	40.99	30
31	55.09	48.79	8 & Under 50 Butterfly	47.29	52.89	32
33		1:13.99	11-12 100 Individual Medley	1:11.49		34
35		1:22.59	10 & Under 100 Individual Medley	1:21.09		36
37	3:00.19	2:35.89	11-12 200 Backstroke	2:32.89	2:56.39	38

WOMEN	FRIDAY FINALS Session 4	MEN
21	11-12 200 Freestyle	22
5	13-14 200 Individual Medley	6
7	13-14 200 Individual Medley	8
9	Senior 200 Individual Medley (B,A)	10
27	11-12 50 Butterfly	28
11	13-14 100 Butterfly	12
13	15-16 100 Butterfly	14
15	Senior 100 Butterfly (B,A)	16
33	11-12 100 Individual Medley	34
19	13-14 500 Freestyle	20
19	Senior 500 Freestyle (B,A)	20
37	11-12 200 Backstroke	38
17	Senior 800 Freestyle Relay (Final Heat)	18

**TPIT CHRISTMAS INVITATIONAL  
DECEMBER 15 – 18, 2011**

WOMEN	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	SATURDAY MORNING Session 5	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	MEN
39			Senior 400 Medley Relay			40
41	2:25.39	2:08.19	13-14 200 Freestyle	1:59.99	2:17.29	42
43	2:20.59	2:04.09	Senior 200 Freestyle	1:53.19	2:09.19	44
45	1:17.79	1:08.49	13-14 100 Backstroke	1:04.19	1:14.49	46
47	1:16.29	1:06.59	15-16 100 Backstroke	1:01.09	1:10.59	48
49	1:13.49	1:03.39	Senior 100 Backstroke	56.79	1:06.29	50
51	3:03.99	2:39.79	13-14 200 Breaststroke	2:29.79	2:54.39	52
53	2:57.59	2:35.49	Senior 200 Breaststroke	2:20.89	2:42.99	54
55	32.49	28.69	13-14 50 Freestyle	26.29	30.29	56
57	31.79	27.99	15-16 50 Freestyle	25.29	28.79	58
59	30.19	26.59	Senior 50 Freestyle	23.49	26.79	60
61			13-14 200 Medley Relay			62
63			15-16 200 Medley Relay			64
65	5:37.29	4:56.79	Senior 400 Individual Medley	4:30.69	5:08.39	66

GIRLS	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	SATURDAY AFTERNOON Session 6	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	BOYS
67	1:13.49	1:03.09	11-12 100 Freestyle	1:02.69	1:11.39	68
69	1:21.89	1:11.89	10 & Under 100 Freestyle	1:10.79	1:20.59	70
71		1:44.99	8 & Under 100 Individual Medley	1:41.29		72
73	1:33.79	1:22.19	11-12 100 Breaststroke	1:20.49	1:32.49	74
75	1:46.99	1:33.39	10 & Under 100 Breaststroke	1:31.79	1:45.99	76
77	1:01.59	53.59	8 & Under 50 Breaststroke	53.59	1:01.59	78
79	38.99	33.89	11-12 50 Backstroke	33.49	38.69	80
81	43.69	38.09	10 & Under 50 Backstroke	38.29	43.89	82
83	2:59.79	2:37.59	11-12 200 Individual Medley	2:35.59	2:58.09	84
85	3:19.89	2:55.99	10 & Under 200 Individual Medley	2:55.29	3:18.89	86
87	2:59.29	2:38.59	11-12 200 Butterfly	2:35.29	2:58.49	88
89			10 & Under 200 Freestyle Relay			90
91			11-12 200 Freestyle Relay			92
93	5:32.39	6:09.29	11-12 500 Freestyle*	6:04.69	5:27.09	94

WOMEN	SATURDAY FINALS Session 7	MEN
41	13-14 200 Freestyle	42
43	Senior 200 Freestyle	44
67	11-12 100 Freestyle	68
45	13-14 100 Backstroke	46
47	15-16 100 Backstroke	48
49	Senior 100 Backstroke (B,A)	50
73	11-12 100 Breaststroke	74
51	13-14 200 Breaststroke	52
53	Senior 200 Breaststroke (B,A)	54
79	11-12 50 Backstroke	80
55	13-14 50 Freestyle	56
57	15-16 50 Freestyle	58
59	Senior 50 Freestyle (B,A)	60
83	11-12 200 Individual Medley	84
65	13-14 400 Individual Medley	66
65	Senior 400 Individual Medley (B,A)	66
87	11-12 200 Butterfly	88
39	Senior 400 Medley Relay (Final Heat)	40

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WOMEN	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	SUNDAY MORNING Session 8	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	MEN
95			Senior 400 Freestyle Relay			96
97	2:40.39	2:21.19	13-14 200 Backstroke	2:12.49	2:33.99	98
99	2:37.69	2:17.39	Senior 200 Backstroke	2:03.69	2:24.79	100
101	1:10.39	1:02.19	13-14 100 Freestyle	57.39	1:05.99	102
103	1:08.59	1:00.79	15-16 100 Freestyle	55.19	1:03.09	104
105	1:05.59	57.39	Senior 100 Freestyle	51.39	59.19	106
107	2:41.29	2:22.39	13-14 200 Butterfly	2:14.39	2:32.19	108
109	2:34.89	2:16.69	Senior 200 Butterfly	2:04.19	2:20.49	110
111	1:28.99	1:17.59	13-14 100 Breaststroke	1:12.09	1:21.29	112
113	1:26.69	1:15.69	15-16 100 Breaststroke	1:08.89	1:19.69	114
115	1:21.79	1:12.09	Senior 100 Breaststroke	1:04.79	1:15.19	116
117			13-14 200 Freestyle Relay			118
119			15-16 200 Freestyle Relay			120
121	19:26.39	18:58.69	Senior 1650 Freestyle	17:41.09	18:13.29	122

GIRLS	EQUAL TO OR FASTER THAN LCM	EQUAL TO OR FASTER THAN SCY	SUNDAY AFTERNOON Session 9	EQUAL TO OR FASTER THAN SCY	EQUAL TO OR FASTER THAN LCM	BOYS
123	3:23.69	2:56.89	11-12 200 Breaststroke	2:52.89	3:20.79	124
125	55.99	48.79	8 & Under 50 Backstroke	49.19	56.39	126
127	1:35.29	1:22.19	10 & Under 100 Backstroke	1:21.29	1:33.29	128
129	1:23.29	1:14.19	11-12 100 Backstroke	1:12.29	1:23.59	130
131	45.09	39.79	8 & Under 50 Freestyle	38.89	44.29	132
133	36.39	32.19	10 & Under 50 Freestyle	31.59	36.09	134
135	33.69	29.49	11-12 50 Freestyle	28.59	32.59	136
137	1:37.89	1:26.69	10 & Under 100 Butterfly	1:25.59	1:36.49	138
139	1:22.89	1:13.19	11-12 100 Butterfly	1:11.69	1:21.49	140
141	48.29	41.99	10 & Under 50 Breaststroke	42.19	48.49	142
143	42.09	37.79	11-12 50 Breaststroke	37.29	43.09	144
145			10 & Under 200 Medley Relay			146
147			11-12 200 Medley Relay			148

WOMEN	SUNDAY FINALS Session 10	MEN
123	11-12 200 Breaststroke	124
121	Senior 1650 Freestyle (Final Heat)	122
129	11-12 100 Backstroke	130
97	13-14 200 Backstroke	98
99	Senior 200 Backstroke (B,A)	100
135	11-12 50 Freestyle	136
101	13-14 100 Freestyle	102
103	15-16 100 Freestyle	104
105	Senior 100 Freestyle (B,A)	106
139	11-12 100 Butterfly	140
107	13-14 200 Butterfly	108
109	Senior 200 Butterfly (B,A)	110
143	11-12 50 Breaststroke	144
111	13-14 100 Breaststroke	112
113	15-16 100 Breaststroke	114
115	Senior 100 Breaststroke (B,A)	116
95	Senior 400 Freestyle Relay (Final Heat)	96

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### Comments:

1. \*The 11-12 400 Individual Medley and the 500 Freestyle will be limited to the top 24 entries with proven times. Any time not substantiated will be removed. Both events are timed finals swum fastest to slowest alternating girls and boys.
2. Positive check in is required for the 1000 and 1650 Freestyle events as well as ALL Senior Relays.
3. Sunday 1650 and Senior 400 Freestyle Relays must declare whether they will swim in the prelims session or finals session. The top 8 checking in that have declared finals will swim at night. ONLY THOSE TEAMS LEAVING EARLY ARE PERMITTED TO CHOOSE THE AM SWIMS. YOU MAY **NOT** CHOOSE TO SWIM IN PRELIMS TO SWIM DIFFERENT EVENTS IN FINALS.
4. 13-14 500 Freestyle and 400 Individual Medley will swim prelims with senior but the top 8 13-14 year olds will swim in a separate 13-14 final.
5. Qualifying times are all equal to or faster than.
6. Senior 1000 and 1650 Freestyles will be swum fastest to slowest alternating women and men. For the 1650, the fastest 8 women and men checked in and declared to swim finals will compete Sunday evening.
7. All Times must be proven through the National Swims Data Base. Times not in SWIMS must be proven 30 minutes prior to the start of the session with official results from a USA Swimming Sanctioned, Approved, or Observed swim meet. If a time is not proven & the athlete competes in the questioned event, that swim is subject to Allegheny Mountain Swimming fines for falsifying documents.
8. All times are taken from the national time standards as established by USA Swimming
9. Entries are limited to 3 individual events per day, 10 total individual events for the meet.
10. 8-Unders and 10-unders are afternoon timed finals
11. All events are prelim final events, except as stated in 10 as well as timed finals for the Senior 1000 Freestyle, Senior 1650 Freestyle, 11-12 400 Individual Medley and 11-12 500 Freestyle.
12. There are Consol and Final heats for all Senior Events (except for timed final events) and only one Final Heat for all Age Group events.
13. Non-conforming times shall be seeded last. SCY LCM
14. Relays are timed finals with the fastest 8 SENIOR relays swum at night
15. Relay only swimmers must appear on master entry forms.
16. THERE WILL BE NO DECK ENTERED RELAYS.
17. Results will be made available on our website at [www.teampittsburgh.com](http://www.teampittsburgh.com).
18. Finals will end at about 7:15pm on Sunday. High Point awards and Team trophies will be awarded after finals.