

## SwimStrong Meet Schedule 2011-2012 Short Course Season

Meet Date	Meet Information
Oct 8	<b>**Intrasquad Meet (Berea, OH)</b> <i>Team Meet</i>
Oct 15-16	<b>Riviera Fall Invite (Indianapolis, IN)</b> <i>Experienced USA Swimmers</i> Time Standard: None
Oct 22	<b>Peg Neal Pentathlon (Lakewood, OH)</b> <i>Coach's Selection</i> Time Standard: None but must have legal time in all events
Oct 30	<b>Freestyle &amp; Distance Frenzy (Gates Mills, OH)</b> <i>Qualifiers</i> Time Standard:
Nov 5-6	<b>**Splash Out Cancer Odd Age Group (Strongsville, OH)</b> <i>HOME MEET and Team Meet</i> Time Standard: None
Nov 12 or 13	<b>Fall Breakout Meet (Akron, OH or Solon, OH)</b> <i>Qualifiers</i> Time Standard: No standards for 8 and Under, Slower than NAG B for all others
Nov 18-20	<b>Mark J. Braun Fall Classic (Cleveland State University)</b> <i>Qualifiers</i> Time Standard: NAG A for 13 and Over, NAG BB for 12 and Under
Nov 26	<b>Turkey Trot Meet (Euclid, OH)</b> <i>Those not attending Mark Braun Nov. 18-20</i> Time Standard:
Dec 2-4	<b>**Shaker Shark Invitational (Cleveland State University)</b> <i>Team Meet</i> Time Standard: No standards for 8 and Under, NAG B or faster for all except 50's
Dec 10	<b>7<sup>th</sup> &amp; 8<sup>th</sup> Grade Invitational (Lakewood, OH)</b> <i>7<sup>th</sup> &amp; 8<sup>th</sup> Graders</i> Time Standard: None
Dec 11	<b>Winter Breakout Meet (Euclid, OH or Kent, OH)</b> <i>Qualifiers</i> Time Standard: No standards for 8 and Under, Slower than NAG B for all others
Dec 16-17	<b>Christmas Meet (Pittsburgh, PA)</b> <i>Qualifiers</i> Time Standard:
TBD	<b>Middle School Double Dual Meet vs. Medina &amp; Westlake</b> <i>5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> &amp; 8<sup>th</sup> Graders</i>
Jan 5	<b>10 &amp; Under Dual Meet vs. Medina (Medina, OH)</b>
Jan 7-8	<b>New Year Stretch (Rocky River, OH)</b> <i>Those not attending Jim Scullion Jan. 15-16</i> Time Standard: No standards for 8 and Under, Slower than NAG B for all others
Jan 14-15	<b>Jim Scullion Invitational (Lakewood, OH)</b> <i>Qualifiers</i> Time Standard: NAG B or faster
Jan 21	<b>10 &amp; Under Meet (Kent, OH)</b> Time Standard: None
Jan 22	<b>11 &amp; Over Meet (Medina, OH)</b> Time Standard: None
Feb 3-5	<b>Cincinnati Marlins TYR Sport Winter Invitational (Cincinnati, OH)</b> <i>Qualifiers</i> Time Standard: No standards for 8 and Under, NAG BB for all others
Feb 4	<b>Fabulous 50's (Hubbard, OH)</b> <i>Those not attending Cincinnati Meet</i> Time Standard: Slower than NAG A
Feb 11	<i>High School Sectionals</i>
Feb 12	<b>Distance Animal (Wooster, OH)</b> <i>By Request, Team will attend if 10+ interested</i> Time Standard: Slower than NAG A
Feb 18	<i>High School Districts</i>
Feb 19	<b>8 &amp; Under Championship (Lakewood, OH)</b> Time Standard: None but must have a legal time in event
Feb 24-25	<i>High School States</i>
Feb 26	<b>Bronze Championships/Qualifier (University of Akron)</b> Time Standard: Slower than NAG B and must have a legal time in event

- Mar 2-4      **LESI Silver Championships (University of Akron)**  
Time Standard: Faster than NAG B but slower than NAG A and must have a legal time in event
- Mar 9-11    **LESI Gold Championships (Cleveland State University)**  
Time Standard: NAG A or faster
- May 5        **Hawken May Madness Meet (Gates Mills, OH)**  
Time Standard: No standards for 8 and Under, Slower than NAG A for all others

## SwimStrong Meet Schedule 2012 Long Course Season

<b>Meet Date</b>	<b>Meet Information</b>
June 2-3	<b>CCS Age Group and Open Meet (Canton, OH)</b> Time Standard: None
June 15-17	<b>Busbey Invitational (Cleveland State University) <i>Qualifiers</i></b> Time Standard: Mix of standards, some no standards, some NAG B, some NAG A
June 29-July 1	<b>**SWIM/HEAT Summer Invitational (Cleveland State University)</b> Time Standard:
July 6-8	<b>**Freedlander Meet (Wooster, OH) <i>Team Meet</i></b> Time Standard: None
July 27-29	<b>LESI Long Course Championships (Cleveland State University) <i>Qualifiers</i></b> Time Standard: NAG B or faster
July 31-Aug 3	<b>Summer Sectionals (Miami University Oxford, OH)</b> Time Standard: See Central Zone website
Aug 3-5	<b>Central Zone Age Group Championships (Columbus, IN) <i>Qualifiers</i></b> Time Standard: NAG AAA or faster
Aug 13-17	<b>Speedo Junior Nationals Championships (Indianapolis, IN) <i>Qualifiers</i></b> Time Standard: Click on National Meet Time Standards at <a href="http://usaswimming.org">usaswimming.org</a>

\*\*Denotes Team Effort Meet